

Link~Up

Contents	page
100 Club	2
Chair's Report	3
Membership Form	6
Jigsaw	9/10
Jigsaw Playscheme	11
Aspire Playscheme	12
FTM Dance Playscheme	13
Autism Training	14/19
LAS & Jigsaw Holiday Club & Trips	21/23
Miracles to Believe In - TRIPS	24-26
New Leaf Triangle	27
Groups and News	28
Helpline and other useful numbers	38-40



LAS Website at www.leicestershireautism.org.uk

Email: leicestershireautism@gmail.com

Join the 100 Club!

The 100 Club, launched eight years ago, has been a great success, providing a steady income for the Leicestershire Autistic Society. As I am sure you all know, we are totally dependant on fundraising and donations for our income and we greatly value the support of our members.

The 100 Club works like this: we ask Members to pay £1 a month (£11 for the rest of the year and a winning number is drawn each month. The lucky winner receives half that month's subscriptions and the other half goes to the LAS – so the more members we have, the bigger the prize and the bigger the Society's share.

For new Members, there is an Application Form below with this copy of Link-Up. !

Lindy Hardcastle

Leicestershire Autistic Society

100 Club May 2015 - March 16

Please register me as a member of the 100 Club from May 2015 - March 2016 and enter me in the monthly cash prize draw.

Name:

Address:

Telephone:**E-mail:**

I enclose a cheque for £11 payable to the Leicestershire Autistic Society

Signed: **Date:**

Return to Lindy Hardcastle 31 Flaxfield Close Groby LE6 0EZ

Congratulations Our 100 Club Winners

February

March - Mrs C Lynch

April

CHAIR'S REPORT

Hope you had a good Easter break. It's been so good to have some sunshine at last.

The FREE training sessions for LAS members and extended family started in March, and received really good evaluations. Kevin Baskerville and the Autism Outreach Team have done a great job presenting these sessions on topics that are of such importance to parents, carers, friends, spouses and loved ones of children and adults with Autism. These sessions are also suitable as "refreshers" for those folks whose children/adults have had a diagnosis for a while. I found them quite useful myself, considering our daughter is now 15yrs old, and was diagnosed at age 3yrs. Although I did the Early Bird and Autism Outreach courses over the years, I can't remember everything. Especially as the child ages, issues and behaviours either change or appear depending on the age & circumstances.

We are once again offering these courses in May, June and early July. If you missed any in the Spring, now is the chance to attend one or more **(See info & registration form inside this LINKUP)**

Please note: these courses are being offered this year instead of the Conference the LAS usually held every other year. In 2013 after much planning, and then having to cancel the one-day Saturday Conference in June due to low registrations, the Committee discussed other ways of offering training to families. Understandably, childcare on a weekend was a big issue, yet the need for information was necessary so we decided upon weekday & evening course offerings for 2015. If we receive more funding, we may be able to hold more training in 2016. Please contact us if you have any ideas for other training topics, or to vote for the same type of training. **WE WON'T KNOW IF YOU DON'T TELL US.**

Despite World Autism Awareness Day and the kickoff of Awareness Month falling during the Easter hols, some parents and groups managed to have information stands on the day, and also held "Bag-packing collection & info events" at a couple of Sainsbury's supermarkets throughout April in the Wigston and Market Harborough. Those monies will benefit the Jigsaw Youth Club in Wigston and the Market Harborough Holiday Club. Many LAS Leaflets were handed out to the public, and it's still amazing and concerning how many people still don't know much about Autism. Quite touching however, was the generosity and kindness of many people. Between both groups over £1,000 was raised. Both groups also raised funds wrapping flowers at these supermarkets for Mothering Sunday weekend. Many thanks to all those volunteers who gave their

time for our cause. We even had grandmas, cousins and family friends helping, which was great to see. All of our volunteers are mostly parent carers whose family member(s) has/have Autism, so it's an already busy and full life for all of us. *Please remember that Awareness and/or Fundraising events can be held around the County or City at other times besides April Autism Month, and any help you can give to this organisation is so needed and valued.* Please give us a ring for help if you have any ideas.



Leicester City Football Club Foxes Foundation continue their fundraising campaign until the last game of the season on 24th May. We will find out in June how much LAS and the other 4 charities will receive. Foxes Foundation has been running their own fundraising events, and the charities have each been allocated game days to collect. We had ours on Saturday 18th April, a sunny & chilly day, but well enjoyed by all the parents, carers, family members & friends who volunteered to help with bucket collections, handing out LAS, Autism info and free sweets, plus selling LAS and Foxes Foundation wristbands. Some of the children were LCFC pre-kickoff "Flag bearers", and we were all given tickets to watch Leicester City play and beat Swansea. Great atmosphere in the stadium and great to watch the children and families involved in the event. Thank Goodness it didn't rain, but oh what a cold wind!

We continue to represent issues affecting families at the City Autism Forum, Autism Reference Group, and City and County Parent Carer Forums. If you have any queries, concerns please remember to ring our HELPLINE.

Lastly, don't forget to renew your LAS memberships! If you are already a member this year, you will receive a text or email (your choice) when renewal is due. If you or anyone you know hasn't received a hard copy of the LINKUP in the past 6 months, then your Membership is due. **(See the LAS Membership Form inside this LINKUP)** A good idea would be to begin a yearly Standing Order for your annual fee, and like me, you won't forget to renew!

Have a good summer!

Jenny Cornwell



WE SUPPORT PEOPLE AND FAMILIES AFFECTED BY AUTISM

AUTISM is a lifelong developmental disability.

It is part of the "autism spectrum" and is sometimes referred to as an Autism Spectrum Disorder or ASD.

The Leicestershire Autistic Society was formed over 25 years ago by parents seeking to improve diagnosis, services and support for their children and families living with Autism locally.

If you or somebody you know would like our support, please contact us.

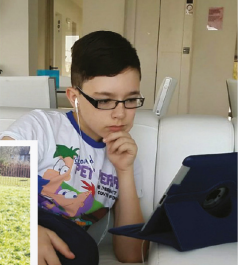
Please give generously to our volunteers at the match today, to help further the valuable work we provide to 100s of families in Leicester, Leicestershire and Rutland.

THANK YOU!



**LEICESTERSHIRE
AUTISTIC SOCIETY**

TO DONATE PLEASE VISIT
mydonate.bt.com/charities/leicestershireautisticsociety



**FOR MORE INFORMATION CALL 0116 291 6958 OR
VISIT WWW.LEICESTERSHIREAUTISM.ORG.UK**

Two Ways of paying for Membership

Either use the form below & send in your payment.

Alternatively start a standing order - form opposite. If you have already paid and received this copy of LinkUp - a reminder will be sent out to you by text or email

LAS Rolling Membership

I would like to become a member of the LAS and receive Link-Up. I enclose a cheque/postal order for

£5 (families) or £7 (Professionals)

made payable to the Leicestershire Autistic Society.

I am paying by

Standing Order - see opposite page

Cheque (please tick what is applicable).

Name.....

Address:

.....

.....

Post Code:.....Email

Telephone(s):

Name of Child/person with ASD.....

Age.....

Gift Aid Please tick if a tax payer so we can reclaim the tax you have already paid tax on

Please send the application form along with your £5 cheque or postal order to

Dawn Craddock, Membership Secretary

73 Carlton Drive, Wigston, Leicester LE18 1DG

If paying by standing order - you may email this information if you wish to Dawn (see next page)



Leicestershire Autistic Society has decided to collect the annual (now rolling) Membership Fee by standing order as this will be easier to administer and avoid confusion about whether Members have paid. To remain as a Member for 2015, or to become a new member, please complete the form below and send this to your bank. Alternatively, if you use online banking, please use the details below to set up your annual payment. Please use your name as the reference so that we can identify who has paid.

If you have a question on the completion of this form please contact the Treasurer, Peter Holdridge, preferably by email on peterholdridge@outlook.com. **Please email the Membership Secretary, Dawn Craddock to let her know that you have completed your standing order.** Phone number Tel: 0795 8235015 **steven.craddock1@ntlworld.com**;

BANKERS ORDER

To the Manager

Bank plc

Bank's Address

.....

.....

Please pay to **Leicestershire Autistic Society**, Account No. **00076485**
Sort Code **30-94-97**

At the Leicester branch of Lloyds Bank plc, High Street, Leicester.

The sum of £5.00 (five pounds) on the 1st day of _____ (month)
2015 and on the same day each year thereafter until further notice

and debit my account with each payment made quoting the following
reference (.....your name).

Account No..... Sort Code

Date Signed

FUNDRAISING NEWS & THANK YOUs

Many thanks to Claire Merriman for her donation of £185 to the LAS in April in memory of her mother Francis James, who died last year aged 94 years. Claire has a son with autism and lives in Leicestershire. A very kind and thoughtful donation.

A very belated THANK YOU to Yvonne Fenwick of Musgrave Ltd, who created and donated 2 Kiddies Baskets and 2 Adult Baskets for the Jigsaw Mkt Harborough Holiday Club raffle held at an LAS information stand in Sainsburys' Market Harborough foyer in September 2014. Mrs Fenwick is the auntie of one of our Holiday Club children, and her sister in-law Donna Johnson, currently organises the activities and venues for the Club. Donna and at least 5 Holiday Club mums also shook tins and buckets at this time, raising £270. Also, the Mkt Harborough Holiday Club mums and some of the children, spent over 6 hours "Bag Packing" and collecting for the Jigsaw LAS Holiday Club at Sainsburys on 21st December 2014, raising over £350! Again, a very belated THANKS to all the families involved. It's great to see that parents, carers and family members are willing to raise funds to keep our very successful Holiday Club activities going!

On 6th April, Holiday Club mums and family members participated in another "Bag Packing" and collection at Sainsburys Mkt Harborough, raising over £300 and collected over 1,000 points in unwanted "Active Kids" sports equipment vouchers for Birkett House Special School, Kibworth High School and Foxton Primary, where some of our children attend.

On 18th April, a group of 23 parents, family members and children with ASD participated in the Leicester City Football Club Foxes Foundation charities campaign at the Leicester City vs Swansea FC game. Selling LAS wristbands and Foxes Foundation wristbands, and shaking buckets, we raised £490. We also had a separate £20 donation from a family friend. At the end of June, we should hear how much the Foxes Foundation campaign has raised, and how much each of the 5 chosen charities will receive.

***Please remember that Awareness and/or Fundraising events can be held around the County or City at other times besides April Autism Month. Just give us a ring for help if you have any ideas*
Thank you.**

Jigsaw

FRIENDSHIP CLUB DATES 2015

**28th April
12th and 26th May
9th and 23rd June
14th and 28th July
11th and 25th August**

7pm -9pm

The Jigsaw Support group runs at the same time on the other side of the building all parents/carers welcome.

We have a waiting list for the Friendship club so if you would like to register someone or find out more information call

Diane on 07722914124

Help!!

Jigsaw

Jigsaw provides support for parents and carers and their families and activities for children and young people with Autistic Spectrum Disorders.

Parents and Carers are welcome to join us over a cuppa in the lounge at the Salvation Army Centre, Ladysmith Road, South Wigston, LE18 4UZ from 7.00 to 9.00pm alongside the A.S.D. Friendship Club held on the 2nd and 4th Tuesdays of the month.

We are currently planning our Summer Playscheme - there is further information on that in this LinkUp.

Softplay is still under consideration by the new managers of the Two Steeples (formerly the Bell Fountain) as this edition goes to print. Any updates and we will contact those whose email addresses we have. We already have plans for this year's Christmas Party. We have no plans as yet to provide the September daytrip to Drayton Manor or any other activities.

If we can put it plainly, Jigsaw's Committee has, like the rest of you, children with ASD to care for. We've been here for many years now with no new faces at the table and as we all know the world of support and activities for them has become harder to find and harder to fund.

We would like to hear from anyone willing to join our Committee or simply help organise our activities as we simply don't have the time to manage everything anymore. Put equally plainly; if you like what Jigsaw does and think it should be around in the future, get involved or it will become something you'll miss.

Funding for activities like these and the Market Harborough Holiday sessions is always a priority and is becoming increasingly difficult to find as Local Authorities no longer support most 'specialist activities', such as ours and the Big Society puts ever increasing demands on the organisations that do.

It is always possible to make a donation to the L.A.S/Jigsaw via the 'My Donate' site at

<https://mydonate.bt.com/charities/leicestershireautisticsociety>

For any further information on Jigsaw and its activities please contact:

Dave. Tel: 07582197173 E-mail: sumkindasyndrome@hotmail.co.uk

For further information on the Friendship Club contact: Diane. Tel: 07722914124

For further information on the Market Harborough Holiday Sessions contact: **Donna.Tel: 07583634682**

Jigsaw playscheme

Based at Guthlaxton College, Station Rd, Wigston, Leicestershire
LE18 2DS.

For children aged 5 to 11
from Leicester City and Leicestershire.

Our 1:1 playscheme for ASD children with additional complex health and challenging behaviour difficulties includes outings to Twin lakes, Horse-riding, Dance, Cooking, and Multisport activities.

Our 2015 sessions are:
July - 27th, 28th, 29th, 30th, 31st.
August - 3rd, 4th, 5th, 6th, 7th.



Each session is from 10.00am to 2.00pm. Any transport required to participate is available and included in the cost.



Jigsaw Playscheme sessions are charged at £20 per day/£100 per week, but actually cost our charity over 4 times that to provide. We will consider reducing the cost to any applications where we are made aware of any individual hardship.

Any enquiries or for an application form please call Dave on 07582197173 or email sumkindasyndrome@hotmail.co.uk



Summer Fun Playscheme & Activity Week

Shepshed High School

**27th–31st July 2015 :
10am – 2pm**

For children and young people (aged 5 – 19 yrs) with an Autism Spectrum Disorder, their siblings and friends.

Activities will include a range of Sports and Recreational Activities such as Swimming, Hovercraft Ride, Inflatable Assault Course, Archery, Arts & Craft, Chocolate Making plus many other activities along with a huge range of toys and games.

Due to the number of places (50 available) and planned activities, it is anticipated that children have the use and understanding of basic verbal communication.

The cost is £15.00 per day per child, £12.50 for those receiving a means-tested benefit.

For an application form please email us at aspirelifeskills@hotmail.co.uk and leave your name and contact details or call Viv Boulton on 0785 491 8575

FTM Summer Playscheme

**Monday 17 - Friday 21 August,
10am - 2pm, £85 for full week**



Forward Thinking Movement and Dance (FTM Dance) is a non-profit organisation offering weekly Dance, Drama and Music sessions for children and young people aged 0-25 years with special needs and disabilities and their siblings in Leicester and Leicestershire.

**For more details phone 0754 3068872
for further information**

Adult Autism Strategy Statutory Guidance published New guidance for local authorities and NHS organisations

The [statutory guidance](#) updates original guidance issued under the Autism Act 2009 and the subsequent Adult Autism Strategy. It accounts for progress and updates to the Strategy made since 2010, and recent legislation like the Care Act 2014 and the Children and Families Act 2014.

The guidance sets out requirements for Local Authorities and NHS organisations. It reminds them to work together and with partners, for example, in the criminal justice system or helping people with autism into employment. It provides clarity about what they have to do to meet the needs of adults with autism, including preventative support and safeguarding.

The link below will take you to the webpage or go onto the Gov.uk website and search for Adult Autism Strategy

<https://www.gov.uk/government/news/adult-autism-strategy-statutory-guidance-published>

**Leicestershire Autistic Society (LAS)
2015 Training for Parents, Carers and those who
work with young people with ASD**

Autism Training-May 2015

Presented by AUTISM OUTREACH SERVICE - Leics CC

www.leics.gov.uk/autism_outreach_service

Monday 11th May - Social Communication

6.15-8.30 @ Salvation Army, Ladysmith Rd, S. Wigston LE18 4UZ

Monday 18th May - Behaviour Issues

6.15-8.30 @ Salvation Army, Ladysmith Rd, S. Wigston LE18 4UZ

FREE to LAS MEMBERS

£5 Non-Members (includes 1 YEAR LAS Membership)

Please make cheques payable to: "Leicestershire Autistic Society"

Please post Booking form (and Membership form with payment for new members) to:

Lindy Hardcastle, Secretary- LAS,
31 Flaxfield Close, Groby, Leicester LE6 0EZ

***To book a place please ring Lindy on the
Helpline***

Only 20 places available per session

Queries? Please contact us on the HELPLINE: 0116 291 6958

BOOKING FORM

2015 AUTISM Training for Parent Carers, Family members & those who work with people with ASD

Presented by Autism Outreach Service-LCC

Please TICK the sessions you would like to attend:

.....Monday-11th May-Social Communication 6:15-8:30pm
.....Monday-18th May-Behaviour Issues 6:15- 8:30pm

*Please complete details below and post to Lindy Hardcastle, LAS Sec'ty-31 Flaxfield Close, Groby, Leics LE6 0EZ to arrive by 7th May 2015

Name:.....
JobTitle (if applies).....

Address:.....
.....
.....

Postcode.....
Telephone:.....Mobile:.....

Email:.....
Any Mobility / Special Needs requirements?

I am (please tick) a parent a carer a professional a spouse/partner family member

Please tick how you would like us to confirm your place.

Email Text Phone

*Information will be retained according to the Data Protection Act, used only for mailing purposes of the Leicestershire Autistic Society- LAS

Choose your delegate rate, please tick

LAS Members - FREE
 £5- NEW member (1 yr LAS Membership fee) If becoming a new member or renewing, please complete a Membership form & return with this form.

Payment-please tick

I enclose a cheque payable to: **Leicestershire Autistic Society**
 Receipt requested(Payments must be made in advance. We cannot invoice you/employer)

**Leicestershire Autistic Society (LAS)
2015 Training for Parents, Carers and those who
work with young people with ASD**

Autism Training - June 2015

Presented by AUTISM OUTREACH SERVICE- Leics CC

www.leics.gov.uk/autism_outreach_service

Tuesday 2nd June - Social Communication

**9:30am-12:00pm @ MOSAIC, 2 Oak Spinney Park, Ratby Lane,
Leicester Forest East LE3 3AW**

Tuesday 8th June- Anxiety

**9:30am- 12:00pm @ AshMount School, Thorpe Hill,
Loughborough LE11 4SQ**

Tuesday 16th June –Behaviour issues

930a.m.-12:00p.m. Melton Mowbray-Venue to be confirmed

Tuesday 23rd June- Anxiety

9:30am-12:00p.m. Melton Mowbray-Venue to be confirmed

Monday 29th June-Behaviour issues

**7:15-9:30p.m. @ John Storer House, Wards End, Loughborough
LE11 3HA**

FREE to LAS MEMBERS

£5 - Non-Members (includes 1 YEAR LAS Membership)

Please make cheques payable to: "Leicestershire Autistic Society"
Please post Booking form (and Membership form with payment for new members) to:

Lindy Hardcastle, Secretary- LAS,
31 Flaxfield Close, Groby, Leics LE6 0EZ

Only 20 places available per session

Register by 30th May for sessions on 2nd and 8th June

Register by 13th June for sessions on 16th, 23rd and 29th June

Queries? Please contact us on the HELPLINE: 0116 291 6958

BOOKING FORM

2015 AUTISM Training for Parent Carers, Family members & those who work with people with ASD

Presented by Autism Outreach Service-LCC

Please TICK the sessions you would like to attend:

Tuesday 2 nd June-Social Communication	9:30am-12 pm
Monday 8 th June-Anxiety	9:30am-12pm
Tuesday 16 th June-Behaviour Issues	9:30am-12pm
Tuesday 23 rd June-Anxiety	9:30am-12pm
Monday 29 th June-Behaviour Issues	7:15-9:30 pm

Please complete details below and post to Lindy Hardcastle, LAS Secretary-
31 Flaxfield Close, Groby, Leics LE6 0EZ to arrive by dates on flyer

Name:.....

JobTitle (if applies).....

Address:.....

.....Postcode.....

Telephone:.....Mobile:.....

Email:.....

Any Mobility / Special Needs requirements?

I am (please tick) a parent a carer a professional a spouse/partner family member

Please tick how you would like us to confirm your place.

Email Text Phone

*Information will be retained according to the Data Protection Act, used only for mailing purposes of the Leicestershire Autistic Society- LAS

Choose your delegate rate, please tick

LAS Members - FREE

£5- NEW member (1 yr LAS Membership fee) If becoming a new member or renewing, please complete a Membership form & return with this form.

Payment-please tick

I enclose a cheque payable to: **Leicestershire Autistic Society**

Receipt requested(Payments must be made in advance. We cannot invoice you/employer)

**Leicestershire Autistic Society (LAS)
2015 Training for Parents, Carers and those who
work with young people with ASD**

Autism Training - July 2015

Presented by AUTISM OUTREACH SERVICE- Leics CC
www.leics.gov.uk/autism_outreach_service

Wednesday 1st July – Behaviour issues

**9:30am-12:00pm @ St. Francis Centre, Tudor Road,
Hinckley LE10 0EQ**

Monday 6th July- Anxiety

**9:30am- 12:00pm @ St. Francis Centre, Tudor Road,
Hinckley LE10 0EQ**

FREE to LAS MEMBERS

£5 - Non-Members (includes 1 YEAR LAS Membership)

Please make cheques payable to: "Leicestershire Autistic Society"
Please post Booking form (and Membership form with payment for
new members) to:

Lindy Hardcastle, Secretary- LAS,
31 Flaxfield Close, Groby, Leics LE6 0EZ

Only 20 places available per session
Register by 26th June

Queries? Please contact us on the HELPLINE: 0116 291 6958

BOOKING FORM

2015 AUTISM Training for Parent Carers, Family members & those who work with people with ASD

Presented by Autism Outreach Service-LCC

Please TICK the sessions you would like to attend:

- Wednesday 1st July – Behaviour issues
- Monday 6th July- Anxiety

Please complete details below and post to Lindy Hardcastle, LAS Secretary-
31 Flaxfield Close, Groby, Leics LE6 0EZ to arrive by 26th June 2015

Name:.....

JobTitle (if applies).....

Address:.....

.....Postcode.....

Telephone:.....Mobile:.....

Email:.....

Any Mobility / Special Needs requirements?

I am (please tick) a parent a carer a professional a spouse/partner family member

Please tick how you would like us to confirm your place.

Email Text Phone

*Information will be retained according to the Data Protection Act, used only for mailing purposes of the Leicestershire Autistic Society- LAS

Choose your delegate rate, please tick

LAS Members - FREE

£5- NEW member (1 yr LAS Membership fee) If becoming a new member or renewing, please complete a Membership form & return with this form.

Payment-please tick

I enclose a cheque payable to: **Leicestershire Autistic Society**

Receipt requested(Payments must be made in advance. We cannot invoice you/employer)

NEW FOREST

First ever music festival for people with a learning disability comes to New Forest this Summer



Event: New Forest Spectrum Dates: 10-12 July 2015

Venue: Lyndhurst, New Forest

Tickets: £80 for one-day ticket;

£120 for 3 days including camping + carers and under 12s go free!

Please buy your tickets ASAP so that organisers know how many people are coming! See:



<http://www.newforestspectrum.org>

The first ever Music Festival exclusively for people with a learning disability and autism, their families and carers is coming to the heart of the New Forest this Summer. The three day festival will run from Friday 10th to Sunday 12th July and over 40 live acts have already joined the line-up. The festival will host two stages, a dance tent and a sensory area, as well a number of other activities including a circus school, swing dance classes, a zip wire and a large camp site. What's more – carers and children go free and the whole festival is 100% wheelchair friendly. The festival is being run by two charities based in the New Forest – The Minstead Training Trust and Stable Family Home Trust. Between them, the charities provide care and support to over 250 adults with a learning disability in the area.

Hal Kennard, the festival's Co-Producer, has spent the last two and a half years as a carer for a young man with Down's Syndrome. He said: "New Forest Spectrum's music policy will be broad, eclectic and fun with a twist of pop, a dab of disco and a sprinkle of reggae. The concept behind the festival is audience interaction! The hardest part is letting everyone around the country with learning disabilities know about the festival – please help us spread the word!"

LAS - JIGSAW



ASD HOLIDAY CLUB 2015

JIGSAW-LAS Holiday Club for young people aged 0-18 years with ASD and their parent-carers & siblings. Held on a Tuesday and Thursday during the school hols (except Christmas) for young people with ASD as part of their diagnosis, or undergoing assessment for ASD. A great opportunity for families to get together and have a fun time with their young person with ASD during the school holidays. Venue-Based Activities: Soft Play, Large Jenga & Connect 4, Arts & Crafts, Cooking, games, puzzles. Interactive Music show-special session. Light refreshments will be provided.

Non-Venue activities may include:

Swimming, Bowling, Twin Lakes Park and other Parks, Outdoor Pursuits Centre (weather permitting)

Transportation to & from most activities (except Twin Lakes or other parks more than 10 miles from MH) must be provided by parent/carers. Costs of the activities is subsidised, but families may still incur some charges for additional carers, trips & some activities

May 2015 Half term Holiday:

Tuesday 26th May 2015 - 10am-12pm Venue session @ The CUBE Youth Centre, Symingtons Rec - off St. Mary's Rd, nr Kwik Fit LE16 7DS- Cost: Free

Thursday 28th May 2015 – 9.30am-4.30pm- Twin Lakes, Melton Mowbray – Bus will pick up from M.Harborough Co-op Car Park, will leave at 9.45am. Cost £2.50 per person. Please advise if you will be travelling by car. If travelling by car please meet outside the entry gate at 11am.

July-August 2015 Dates & Activities:

Tues 14th July - 10am-12pm- Venue base in Mkt Harb (The CUBE Youth Centre, Symingtons Rec-off St. Mary's Road (nr Kwik Fit), Mkt Harborough LE16 7DS - COST: Free

Thurs 16th July - 10am-3pm- Topstones Activity Centre-nr Tilton LE7 9FH- COST: Children (0-18yrs) £1 - Adults £2- Bring a picnic lunch. Light refreshments provided. No transport provided.

Tues 21st July - 10am-12pm Venue base in Mkt Harb (The CUBE Youth Centre, Symingtons Rec-off St. Mary's Road (nr Kwik Fit), Mkt Harborough LE167DS - COST: Free

LAS - JIGSAW



ASD HOLIDAY CLUB 2015

Thurs 23rd July - 10am-12pm- Swimming @ Mkt Harborough Leisure Ctr. COST: FREE for children- £2.50 per 18+yrs **No lunch provided**

Tues 28th July - 10am-12pm Venue base in Mkt Harb (The CUBE Youth Centre, Symingtons Rec-off St. Mary's Road (nr Kwik Fit), Mkt Harborough LE167DS) - COST: Free

Thurs 30th July – 9.15am-4.30pm Cadbury World, Birmingham – Bus will pick up from M.H Co-op Car Park and leave at 9.30am – COST:£5.00 per person – Please advise if travelling by car. If travelling by car please meet outside the venue at 10.50am.

Tues 4th Aug - 10am-12pm Venue base in Mkt Harb (The CUBE Youth Centre, Symingtons Rec-off St. Mary's Road (nr Kwik Fit), Mkt Harborough LE167DS) - COST: Free

Thurs 6th Aug – 11am-1pm – Ten Pin Bowling @ Hollywood Bowl, Meridian Leisure Park, Leicester – COST: £2.50 for under 16yrs (1 game & lunch inc) £2.50 per adult (1 game only) No cost if just helping child with the bowling. Café available for adults to purchase food.

CLOSING DATE FOR BOOKING THIS TRIP IS 16TH JULY AS LANES HAVE TO BE BOOKED AND PAID FOR IN ADVANCE.

Tues 11th Aug - 10am-12.30pm- Venue base in Mkt Harb (The CUBE Youth Centre, Symingtons Rec-off St. Mary's Road (nr Kwik Fit), Mkt Harborough LE167DS - COST: Free

Thurs 13th Aug – 9.30am-4.30pm Bus trip to Conkers Park, Ashby de-la-Zouch. Bus will leave at 9.45am COST: £2.50 per person. Please advise if travelling by car. If travelling by car please meet outside the venue at 11am.

Tues 18th Aug - 10am-12pm Venue base in Mkt Harb (The CUBE Youth Centre, Symingtons Rec-off St. Mary's Road (nr Kwik Fit), Mkt Harborough LE167DS - COST: Free

Thurs 20th Aug - 10am-3pm Topstones Activity Centre-nr Tilton LE7 9FH- COST: Children (0-18yrs) £1 - Adults £2- Bring a picnic lunch. Light refreshments provided

TO REGISTER: Please text or ring Donna Johnson 07583634682 or [email:donna.johnson1971p@yahoo.co.uk](mailto:donna.johnson1971p@yahoo.co.uk)

Please make cheques payable to: "Jigsaw-LAS" . Post registration & payment to: *Donna Johnson – 112 Tungstone Way, Market Harborough LE16 9GG (We will text or email to confirm your places)*

JIGSAW-MKT HARBORO ASD HOLIDAY CLUB 2015

BOOKING FORM

Child's name: _____ Age: _____

Date of Birth: _____

ASD Diagnosis: Yes-date _____ Not yet _____

Parent/Carer's name(s): _____

Contact Number(s): _____

Address: _____

Email address: _____

Sibling(s) Name(s) & Age(s)

PLEASE CIRCLE : -

26 May – Mkt Harborough Venue base activities – FREE

28 May – Twin Lakes - £2.50 per person – bus or car

14 July - Mkt Harborough Venue base activities – FREE

16 July – Topstones - £1 (0-18yrs) £2 Adult

21 July - Mkt Harborough Venue base activities – FREE

23 July – Swim @ Mkt Harboro Leisure Centre – Children FREE, 18+yrs -
£2.50

28 July - Mkt Harborough Venue base activities – FREE

30 July – Cadbury World - £5.00 per person – bus or car

4 Aug - Mkt Harborough Venue base activities – FREE

6 Aug – Ten Pin Bowling - £2.50 per child - £2.50 per 16+yrs

11 Aug - Mkt Harborough Venue base activities – FREE

13 Aug – Conkers - £2.50 per person – bus or car

18 Aug - Mkt Harborough Venue base activities – FREE

20 Aug - Topstones - £1 (0-18yrs) £2 Adult

TOTAL AMOUNT OWED : _____

Please make cheques payable to: “ Jigsaw-LAS” & Post registration & payment to:

Donna Johnson – 112 Tungstone Way, Market Harborough LE16 9GG (We will text or email to confirm your places).



**HOLLYWOOD BOWL
Meridian - Leicester
Wednesday 27th May 2015
£10 per family**



Miracles to believe in

We have booked 20 lanes for families of up to 6 - **which must include the child under 19 with ASD (or waiting diagnosis)**. This offer will be limited to the first 20 families for 2 games each. These lanes are booked for when Hollywood Bowl opens so it will be quieter than at other times and better for our children and siblings.

Please note that as we book for 9am you must be there then. Hollywood Bowl does get very busy and they cannot reserve our lanes if we turn up late.

Please reserve places by filling in and sending the form to Peter Holdridge at the address below, along with a cheque/postal order for £5. If you are not able to provide an email address on the form then please also send a stamped addressed envelope. Please do not contact by phone. If you wish to get in touch with Peter email peterholdridge@outlook.com or at the postal address below.

✂

Wednesday 27th May 2015 - 9am start

Parent/Carer Name:.....

Name of Child/Children with ASD.....

Address:

.....Post code.....

Email:Phone Number

Mobile number.....

No of adults in party:_____No of Children _____

£5 enclosed - payment to be made at time of booking

Please send this form along with £10 cheque or postal order made out to 'Miracles to Believe In' to Peter Holdridge, 25 Linden Avenue, Countesthorpe, Leicester, LE8 5PG. **Please do not phone Peter.**

Wistow Maize Maze Summer 2015 11am Date to be confirmed



Miracles to believe in

The award-winning maze has a fun Quiz Trail hidden amongst 3 miles of intricate pathways, with high level bridges & towers giving stunning 3D panoramic views. Also includes an Activity Funyard. For 2014 the maze had a 'First World War' theme and was designed in the shape of a "Field Cannon". Visit www.wistowmaze.com to find out more info.

If you are interested please contact Mrs Dinsdale via email on aysherox49@btinternet.com, to check which date over the holiday we will be going. Once date confirmed please send cheque together with your contact details i.e. your name, address, no of adults and children and the name of the child on the Autistic Spectrum. If you do not have access to a computer please complete the form below. This event is open to parents /carers of children and teenagers on the autistic spec-

Wistow Maize Maze Summer 2015

Parent/Carer Name

Name of Child with ASD.....

Address.....

.....Postcode.....

Home and Mobile number

Email: please print in capitals.

Total No of Adults in party..... Total No of Children

(max 6 per family - only immediate family or Carer)

Cheque to be enclosed along with a **stamped addressed envelope**. Send the form and £10 cheque made payable to "Miracles to Believe In" to Mrs Dinsdale, 49 Crane Ley Road, Groby, Leicester LE6 0FD. Email: aysherox49@btinternet.com



Twycross Zoo 19th August 2015



Miracles to Believe In would like to offer a trip to Twycross Zoo either by coach or by car, for a cost of £7 per person.

Travel by coach from Loughborough or Leicester or meet us there by car.

The coach will arrive at Twycross at 10am, cars to arrive between 10 and 10.15.

**Any queries please email
heubeck111@btinternet.com**

✂

Twycross Zoo Trip - 19th August 2015

Parent/Carer Name

Name of Child with ASD.....

Address.....

.....**Postcode**.....

Home and Mobile number.....

Email: please print in capitals. _____

No. of Adults in party.....

No of Senior Citizens.....

No. of Children(3- 16)

No. of children (under 3yrs)

(max 6 per family)

Please indicate whether Coach Loughborough / Leicester
Or Car Cross out what is not applicable

Cheque to be enclosed along with a **stamped addressed envelope**. Send the form and cheque made payable to "Miracles to Believe In" to Carole Heubeck, 5 Grey Crescent, Newtown Linford, Leicester LE6 0AA. **Form must reach Carole by 10th August 2015.**

New Leaf Triangle Summer Camps 2015

Camp dates are:

July Friday 17th - Sunday 19th

Friday 24th - Sunday 26th

August Friday 7th - Sunday 9th

Friday 14th - Sunday 16th

Friday 28th - Sunday 30th

We are now taking **BOOKINGS**. (If you would prefer one night please let us know and we will try and accommodate on these or other dates)



Camps will be taking place throughout the summer holidays - There will be 5 camps of 3 families per camp. They will be in the usual New Leaf Triangle field close to Waltham on the Wolds, Melton Mowbray. They will cost £498.50 per family which includes a £200 subsidy from Leicestershire and Rutland Community Foundation. This includes teepee accommodation and activities throughout the day and an evening camp fire. Activities will include therapeutic riding activities, grooming, interacting with the horses and other animals. We have ponies, horses, goats, rabbit, chickens and friendly rats. We will focus on developing communication and social skills as well as having a lot of fun.

We also have badminton, short tennis, football, a basketball net and archery. We provide games mounted on the horses including horse football, polo, gymkhana games and knight's skills which include hitting a target with a lance and tent pegging. There are arts and crafts, clay modelling, and musical activities with Boom Whackers, African drums and percussion instruments. Fun games, camp fires and treasure hunts are also included depending on needs and interests. The environment is suitable for individuals with sensory needs and includes the use of a basket swing, trampoline, hammock seating, bean bags and a sensory relaxing stable. Potential sensory triggers are reduced or avoided where possible. Teepees will be like the one above with the orange trim, this is made by the same manufacturer as ours. The funding for these and the camp equipment has kindly been provided by a grant from Leicestershire County Council. The teepees have full linings and heavy duty ground sheets. Inside they will have 4 single mattresses, (any extra beds, single or double, will be air beds). It is self catering. There is a toilet and there will be a shower and hand wash facilities. There are two lovely pubs within a couple of miles if you wanted to eat out. There is also B& B accommodation nearby if you wanted to attend but didn't want to camp.

The camps are to provide activities for the whole family and not just children with a disability so activities are planned to include all family members and are tailored to individual needs and interests. Parents can choose to take part as much as they wish or can choose to sit back and relax and let us entertain the children. There is no upper age limit but we will have limited activities for children under 2 and they must be very closely supervised.

For more information about what we do, visit our website

www.newleaftrianglecic.co.uk or give me a call on 0782 5653170 for a booking

Charnwood Autism Support Group



We are a Group that is part of the Leicestershire Autistic Society that meets to discuss, rant, share knowledge and try to find solutions in all things related to the care and consideration of children on the spectrum. Please feel free to contribute in any way and get involved.

**John Storer House in Loughborough, Wards End ~ LE11 3HA
Last Monday of the month
7.30 till 9.30pm**

**We boast an array of refreshments and speakers
Please come along and give it a go!**

**Further details can be sort from ~ charnwood.cas@gmail.com
www.facebook.com/groups/charnwoodspectrum**

Leicestershire Autism Information Hub

Information for Adults from Leicestershire County Council and the National Autistic Society about a range of services and resources available for those who are on the autism spectrum or their families please contact:

**Helpline: 0808 800 0125
Email: enquiry@laih.org.uk
Website: www.laih.org.uk**

They are now running regular information drop in sessions at the National Autistic Society Gallery at 50E Blaby Road South Wigston on the first Monday of every month from 10-4pm apart from Bank Holidays. They are also running sessions at Coalville and Wigston Libraries from 9.30 to 2.30 on the following dates.

**Coalville Library 12th June
Wigston Library 15th June**

Have you been in contact with the Carers Centre yet? They produce a good newsletter with lots of useful information and details of training courses that they run.

**The Carers Centre, Leicestershire and Rutland
Unit 19, Matrix House, 7 Constitution Hill, Leicester. LE1 1PL
Tel: 0116 251 0999**

**enquiries@claspthecarerscentre.org.uk
www.claspthecarerscentre.org.uk**

Shepshed ALLeY Group

The Shepshed ALLeY Group is designed for young people aged 12 -19 with physical, mild learning or social interaction difficulties; e.g. – Cerebral Palsy, Dyspraxia, Dystonia, Spinal Injury, injury as a result of an accident, Aspergers Syndrome and other Autistic Spectrum Disorders.

The Group was set up to benefit those young people who struggle with conventional youth groups or don't really fit in with, or want to fit in with, other Groups and Clubs.

The Group meets in Shepshed for two hours on Friday evenings throughout most of the year, with the occasional Saturday trip thrown in for good measure.

The main aims of the Group are to encourage friendship and confidence and to support the young people to develop social and life skills, helping them become more independent. But most importantly, the Group is all about fun for members and volunteers alike.

If you know any young people who would benefit from joining the Group, please contact us for further information. Email admin@alleygroup.org.uk or phone 01509 880375. You can visit our website at www.alleygroup.org.uk.

ADHD Solutions provide information, help and support for children, young people, and adults with Attention Deficit Hyperactivity Disorder, their families and anyone who supports them or works with them in Leicester, Leicestershire and Rutland.

We are based at **St Gabriel's Community, Centre, Kerrysdale Ave, Rushey Mead, Leicester, LE4 7GH.**

Tel: 0116 261 0711

E-mail:

info@adhd solutions.org

or visit our website where you'll find lots of helpful information:

www.adhd solutions.org

We are also on Facebook

The Children's Disability Helpline (formally the Specialist Health Visitor Helpline) is 0116 225 6560 open Monday to Friday 12noon to 2pm.

The Carers Centre have started a support group for carers of people with autism.

This is open to parents, carers and friends and has occasional speakers at some of the meetings.

The next meeting is on

Thursday 21st May

at the Rowans, College Street, Leicester. LE2 0JH

Contact Debbie/Charles on 0116 2510999 for more details.

The National Autistic Society day opportunities and 50e Gallery and shop

In late 2013 the National Autistic adult day services moved from the old building in Whetstone to Blaby Road in South Wigston.

The move has enabled us to become part of the local community and to provide the people we support with easier access to public transport, local amenities, leisure facilities and soon, South Leicestershire College.

As well as being a hub where the people we support can base themselves in order to get out and about into the local community, activities and resources are also available onsite. We have a sensory and media rooms, a kitchenette, as well as multi-purpose communal rooms. The people we support can engage in a number of activities based on their agreed aims such as: arts and crafts, cookery, information and communication technology, vocational development and office work

We also provide access to our allotments, where people can grow their own fruit and vegetables, and we also run music and sports sessions at local facilities.

Our aim is to provide a welcoming low-arousal environment where adults with autism and Asperger syndrome take part in a wide range of activities. With individualised support, they are able to participate in enjoyable activities both at the centre and in the community, whilst also developing their interests, confidence and independence.

In August 2014 we opened 50E shop and gallery at the front of the building.

The space offers artists, designers and photographers on the autism spectrum an opportunity to display and sell their works. Our aim is to have a positive presence in the local community and celebrate the skills and talents of people on the autism spectrum.



The Gallery space is open two days per week – Tuesday and Thursday from 9am to 4pm and is manned by volunteers employed by the National Autistic Society.

For more details please contact:

0116 277 5997

50E@nas.org.uk

Or visit us at 50e Blaby Road, South Wigston, Leicester, LE18 5997



Leicester City Parent and Carer's Forum

Are you a parent or carer living in the City or support parents and carers of children aged 0 to 25 with special needs or a disability?

Join others like yourself and have your say about Education, Health, and Care services provided in Leicester for disabled children and young people.

The Forum is always attended by Local Authority staff and councillors, NHS/ CCG managers and Voluntary Organisations who are there to listen to you and act on your recommendations.

2015 dates:

Weds - Jan 21st - Barnes Heath House

Weds - Feb 11th - Barnes Heath House

PCF/BMF -Thursday - Feb 19th - 6.00pm – 8.00pm @ New Parks House

Weds - March 18th - Barnes Heath House

Weds - April 15th - Barnes Heath House

Weds - May 20th - Barnes Heath House

Weds - June 17th - Barnes Heath House

Weds - July 8th – The Curve

Weds - Sept 16th - Barnes Heath House

Weds - Oct 14th - Barnes Heath House

Weds - Nov 18th - Barnes Heath House

Weds - Dec 16th - Barnes Heath House

Forum meetings are from 10.00am to 1.00pm
Transport for meetings can be arranged if required.

Refreshments are provided and lunch provided from 12.30 to 1.00.

Telephone: 07582197173

Email: leicesterparentandcarersforum@live.co.uk

Facebook: <https://www.facebook.com/LeicesterCityParentCarersForum>

Having children with special needs ourselves we know how difficult and daunting it can be to find activities, friendship and support.

At Tanglewood YSG we organise monthly activities to bring together children with Autism, ADHD and other additional needs, their siblings, parents and carers. We hope that these meetings will help develop the young people's social abilities as well as providing friendship and support for all.



We also run a Parent2Parent Befriending Scheme, so whether your child has been newly diagnosed, or you are struggling with schools or the statement process we are here.

If you just want a friend you can call when you need to let off steam, we are here.

If it's all going well, but you know that something is lurking round the corner, then we are here.

For more information about either our activities or Parent2Parent Scheme contact-

Beth on 07896 345409 or Mary on 07500 110003
Or email to tanglewoodysg@mail.com

Check out our website at www.tanglewoodysg.btck.co.uk

2 new support group, Thinking Straight'

is held every Wednesday

from 12.30 to 14:30 term time at Stocking Farm Healthy Living Centre.

And

Inglehurst Junior school on Monday mornings starting from May 11th

Its an informal support group for city parents and careers looking after children with autism & ADHD and is run by local parents. If you need any more information please contact Stocking Farm Healthy Living Centre for more information or just turn up! Tel 0116 2995646

Know any good websites you want to share with us ?
Send Carole the info to be posted on this page

USEFUL WEBSITES

http://www.leicestershireautism.org.uk/	LAS
http://www.leadleicester.org.uk/	LEAT
http://tap.leicester.gov.uk	TAP
http://www.themondayclub.co.uk/	MONDAY CLUB
http://www.autism.org.uk/	NAS
http://www.newdawnfamilysupportservice.org.uk/new/	NEW DAWN
http://www.norsaca.org.uk	NORSACA
http://www.claspthecarerscentre.org.uk/	CLASP
http://www.miracles-to-believe-in.co.uk/	M2BI
http://www.translate-asc.org.uk/	TRANSLATE
www.adhdsolutions.org	ADHD
http://www.councilfordisabledchildren.org.uk/	Council for Disable Children

CDC has a wide variety of books, tools and resources available for professionals, parents and young people. Many of these resources are available free of charge. See website above

Respite Care

Does anyone know of a provider of weekend/holiday respite care for primary school age children in the Mount Sorrell/Loughborough area?

If you can help,

Please contact Lindy on the helpline 0116 2916958.

LEAT

We currently have three main programmes, each offering support at different levels to young people and adults with Autistic Spectrum Disorders (ASD's).

LEAT Consultancy: Our core project providing specialist person-centred support packages appropriate for an individual's needs. This support is available to young people and adults who have a Personal budget to fund their support.

Asperger's Aspiration: Funded by The Big Lottery Fund and comprising:

- Telephone helpline for young people and adults with an ASD, parents/carers and professionals.
- Training Courses in Personal Development for young people and adults with an ASD.
- One to one person centred individual support for those with an ASD. This support is generally in combination with the attendance on the Training Course.
- Social mornings
- Befriending Service (for Befriending service contact **Gill Keeling on 07864 267219** or email **Gill at gkleat@gmail.com**

For further information please contact Carol Hunt, Manager at LEAT on 0116 2541664 or email leat@btconnect.com



ASD Coffee Mornings



Leicestershire
County Council

Are you a parent, grandparent, carer or family friend
of someone with Autism or Asperger Syndrome?
If so ... why not come and join us for a cuppa and a chat?

Where? Kirby Muxloe Free Church, Main St. Kirby Muxloe

When? The last Friday morning of the month during term time
10-12am

Hope you can join us ... everyone welcome!

Any queries please contact Rox on 0116 287 4517

Youth Club



Age 10 -16 yrs old with ASD

The Club will always be run by members of staff from the NAS, with supported volunteers who are trained to a high level in regard to Autism.. Please note change of venue

Blaby & Whetstone Youth Club, Warwick Road, Whetstone, LE8 6LW

6pm – 8pm every 1st Tuesday Evening of the month.
Cost £10 for 2 hours.

**PLEASE CONTACT: Maz on 0116 277 5997
(part of the NAS Day Care Unit)**

ASD Family Swimming Sessions

**Saturdays at Bosworth Community Sports College
Desford**

3.30 - 5.00pm

Everyone welcome



Miracles to believe in

Free Swimming Sessions every Saturday of the year; apart from Bank Holiday weekends. Sessions paid for by Miracles to Believe In

New families would be most welcome to join in – just turn up.

Any questions?

Contact Parent Rep John Brotherhood on 01455 286167

Mobile 0789 6519816

Or school contact Sue Cox, the Sports College's Pool Manager, by telephone 01455 822841 ext.207

www.newdawnfamilysupportservice.org.uk

New Dawn is a family counselling service run by David Brindley who has worked in this field for many years before establishing this organisation to ensure 'affordable' ... Free, advice is available to all.

The contact details for this service are:

Glebe House, 190 Forest Road, Loughborough, LE11 3HU

Tel: 0116 287 7335

Mobile: 07887 750 890

Email: davidbrindley435@btinternet.com

Monthly Informal Meetings

7.30pm

on the First Monday of the month

Offering

Talks and Tea

Support

Information

Advice



Moira Centre, Moira Street, Loughborough LE11 1AX

For further information see www.translate-asc.org.uk

Or telephone Jo or Paul on 01509 554797

Or email: translate_as1@ntlworld.com

S.N.I.P.S.Hinckley

Helping children to be themselves, to make new friends & try new experiences. SNIPS is a small charity in Hinckley. We provide weekly Clubs and Summer Holiday Play Schemes at local Schools. Our aim is to reduce isolation for disabled children by giving them a sense of belonging. By using volunteers to befriend our youngsters we create a better understanding of disability and as a consequence of our work, we reduce stress within families.

Summer Schemes and Saturday Clubs.

**Special Needs Integration Projects, Amity House, 6 Holliers Walk,
Hinckley, Leicestershire, LE10 1QW, 01455 440 660,**

info@snipshinckley.com



S.P.A.C.E.



(Support and Play for Autistic Children & Young Adults
with Energy)

10am – 12noon
1st and 3rd Saturday of the month

Castle Donington Community College, DE74 2LN (Tel: 01332 810528)

Come along and join us for a friendly welcome. We aim to offer support and advise along with a cup of tea, cake and a chat. For further information contact Julie Truman 07988934446

face2face

Parents supporting Parents of Disabled Children



Face 2 Face is a one-to-one parent befriending service developed by parents to help deal with the emotions parents feel when they discover their child has a disability or any special needs.

If you have a child with special needs and are interested in becoming a **Volunteer Befriender** to help other parents or want help please contact:

Fiona Burton, Face 2 Face Co-ordinator - Tel: 07736 730978

Spectrum Market Harborough

Is anyone interested in taking over the running of the Spectrum Market Harborough support group?

Due to changes in personal circumstances the current organisers will be no longer able to continue to run the group or organise meetings.

The group supports families in the Market Harborough & surrounding area through the meetings and the activities. The group has many families that access the group & also a small bank balance that will support the running costs of the group.

If you are interested please get in contact with either Helen or Liz, email hrjf.jordan@hotmail.com or locket23@hotmail.com

Helpline

LAS Helpline - Tel: (0116) 291 6958

E-mail leicestershireautism@gmail.com

New NAS Phone Numbers

Education Rights Service 0808 800 4102

Autism Helpline 0808 800 4104

Parent-to-Parent Service 0808 800 4106

Help lines are now free from landlines and most mobiles: 3, O2, Orange, T-mobile, Virgin and Vodafone.

AS well as the LAS & NAS helplines above, families in need of support can visit our 'Signpost' service www.autism.org.uk/signpost or contact one of the following organisations:

Citizens Advice: www.citizensadvice.org.uk

Contact a Family: 0808 808 3555

Mencap: 0808 808 1111

Mind: 0845 766 0163

The Samaritans: 08457 90 90 90

Young Minds: 0808 802 5544



LAS Directory of Adult Services or LAS Directory of Children's Services

The Directories are available to view online at

www.leicestershireautism.org



Family Support Workers

Although we no longer have a Family Support Worker (FSW) - calls can still be made to the Helpline - number above.

Please note that the PCC and Menphys SOS have FSW who will help families with support completing DLA forms, etc

Numbers are:

PCC 07870 688973

Menphys 01162885353

Useful Contacts continued from back page

Rutland Autism Outreach:

Tel: 01572 758 496

Carers Centre (formerly CLASP)

Tel: 0116 2510999

email enquiries@claspthecarerscentre.org.uk

ADHD Solutions,

Tel: 0116 261 0711

New Dawn Family Support Service

Tel: 0116 287 7335

www.newdawnfamilysupportservice.org.uk

Rutland Parent Partnership Service: Sue Flather, Rutland Citizens Advice Bureau, 56 High Street, Oakham, Rutland LE15 6AL

Tel: 01572 757 420

Leicestershire Parent Carer Forum (aka Parent Part)

Tel: 01455 323020

Parent and Carers' Council:

Tel: 07968 857 598

Family Support Worker. 07870 688973

e-mail enquiries@parentcarercouncil.co.uk .

Menphys SOS Hinckley

Tel: 01455 323020

Menphys Wigston

Tel: 0116 2885353

Services for Adults with Autism in Leicestershire:

Fosse Autism Service: Chris Howell, Leicester Frith Hospital, Groby Road, Leicester.

Tel: 0116 225 5335

TAP Disabled Children's Svcs Enquiries for City Carers: The Access Point Tel 0116 4544710

Text 07890 320 322 email TAP@leicester.gov.uk

Leicester City Parent and Carers Forum Contact Dave Nutting 07582 197173

LEAT Asperger Support Services 178 London Road, Leicester, LE2 1ND Tel 0116 254 1664

e-mail: carolhunt@btconnect.com leat@btconnect.com

Face 2 Face: Fiona Burton

Tel: 07736 730978

Saturday Swimming Sessions at Bosworth Community College:

John Brotherhood (Parent)

Tel: 01455 286167

Or Sue Cox Tel: 01455 822 841 ext 27 or John Brotherhood (Parent) 01455 286167

If you have a contact you wish us to include on this page - please contact the Editor, Carole Heubeck on heubeck111@btinternet.com

Apologies if you have been missed out of this quarters Link-Up - please get in touch and I will try to put you in the next edition. Again if you are aware of a Group folding please let me know so I can remove them - it causes great disappointment to new parents who are trying

The next Link-Up will be published in September 2015 - Anything you wish to submit for publication should be sent by 10th August 2015 to Carole Heubeck via email at heubeck111@btinternet.com Alternatively please post to 5 Grey Crescent, Newtown Linford, Leicester, LE6 0AA

Useful Contacts



Leicestershire Autistic Society

Chair /fundraising Jenny Cornwell, 9 Kingston Way, Market Harborough LE16 7XB
Email, cornwells@hotmail.co.uk, Tel: 07775 777 524

Editor: Carole Heubeck, 5 Grey Crescent, Newtown Linford, Leics. LE6 0AA
Email Heubeck111@btinternet.com Tel: 01530 244 790

Secretary, Helpline: Lindy Hardcastle 31 Flaxfield Close, Leics LE6 0EZ Tel: 0116 291 6958
e-mail lindy.hardcastle@hotmail.co.uk

Treasurer: Peter Holdridge, 25 Linden Avenue, Countesthorpe, Leicester, LE8 5PG.
peterholdridge@outlook.com Tel: 0116 277 1974

Membership Secretary Dawn Craddock,
73 Carlton Drive Leics LE18 DG Tel: 0795 8235015

Jigsaw Contact: Chair Dave Nutting
email sumkindasyndrome@hotmail.co.uk Tel: 07582 197173

Charnwood Autism Support Group : Evelyn Tel: 01509 556376

Market Harborough Spectrum Support Group: Volunteers req

SPACE-Castle Donington Support Group
Sara Goodwin 01530 461660 and Julie Truman Tel: 07988 934 446

National Autistic Society (NAS),
Helpline Education rights service Tel 0808 800 4104

Leicestershire Autism Information Hub (Helpline - Adults) Tel: 0808 800 0125
Email: enquiry@laih.org.uk

Monday Club : email themondayclub@hotmail.co.uk
Contact Monday Club Project Manager Mobile 0787 3311 610

Translate Adult & Partners Group - Paul & Jo Sandford Tel: 01509 554 797

Miracles to Believe In.

Secretary Julian Heubeck, 5 Grey Crescent, Newtown Linford , Leicester LE6 0AA
Email heubeck111@btinternet.com Tel: 01530 244 790

The Parent Partnership Service: Tel: 0116 275 2097
County Parent Participation Coordinator Tel: 0116 288 5353

Aspire: Email aspirelifefskills@hotmail.co.uk Tel: 07854 918 575

Children's Services

Leicestershire Psychology Service: Tel: 0116 305 5100.

Leicester City Educational Psychology Service: Tel: 0116 221 1200

Leicestershire Autism Outreach Service: Kevin Baskerville: Tel: 0116 305 9400

Leicestershire Pre-school Support Worker: Tel. 0116 305 9400

ICT Assessment Service Tel: 0116 305 9400

Leicester City Learning and Autism Support Team: Tel: 0116 454 4650

Continued on previous page (39)