

Homework & Revision - Tips for Parents

Helping your child succeed

Welcome & Aims

01

Understand how
parents can
support learning
at home

02

Build positive
homework and
revision habits

03

Reduce stress
and improve
confidence

04

Encourage
independence
and resilience

What Changes in Secondary School?

More subjects and different teachers

Greater organisation and time management needed

Homework becomes more independent

Tests and low-stakes quizzes happen more often

The Importance of Homework



Reinforces learning and improves memory



Teaches responsibility, time management, and organisation



Encourages independent thinking and confidence



Prepares students for exams and future success



John Hattie found homework has a stronger effect size in secondary school



Sutton Trust research suggests effective homework can add up to 5 months of progress

Creating a Good Homework Routine



Set a regular
homework time



Use a quiet,
distraction-free
space



Break work into
manageable chunks



Encourage short
breaks every 20–30
minutes

Helping Without Taking Over

01

Ask questions
instead of
giving answers

02

Encourage your
child to explain
their thinking

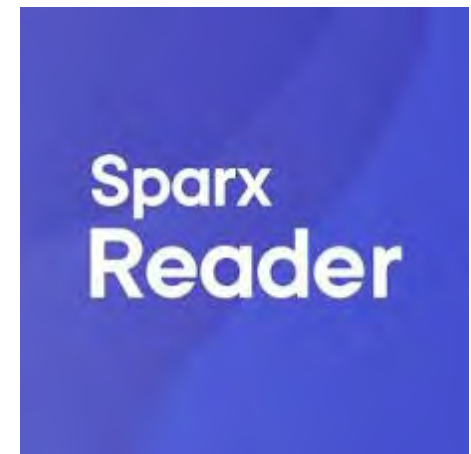
03

Praise effort
and
perseverance

04

Support
independence
gradually

Homework Apps



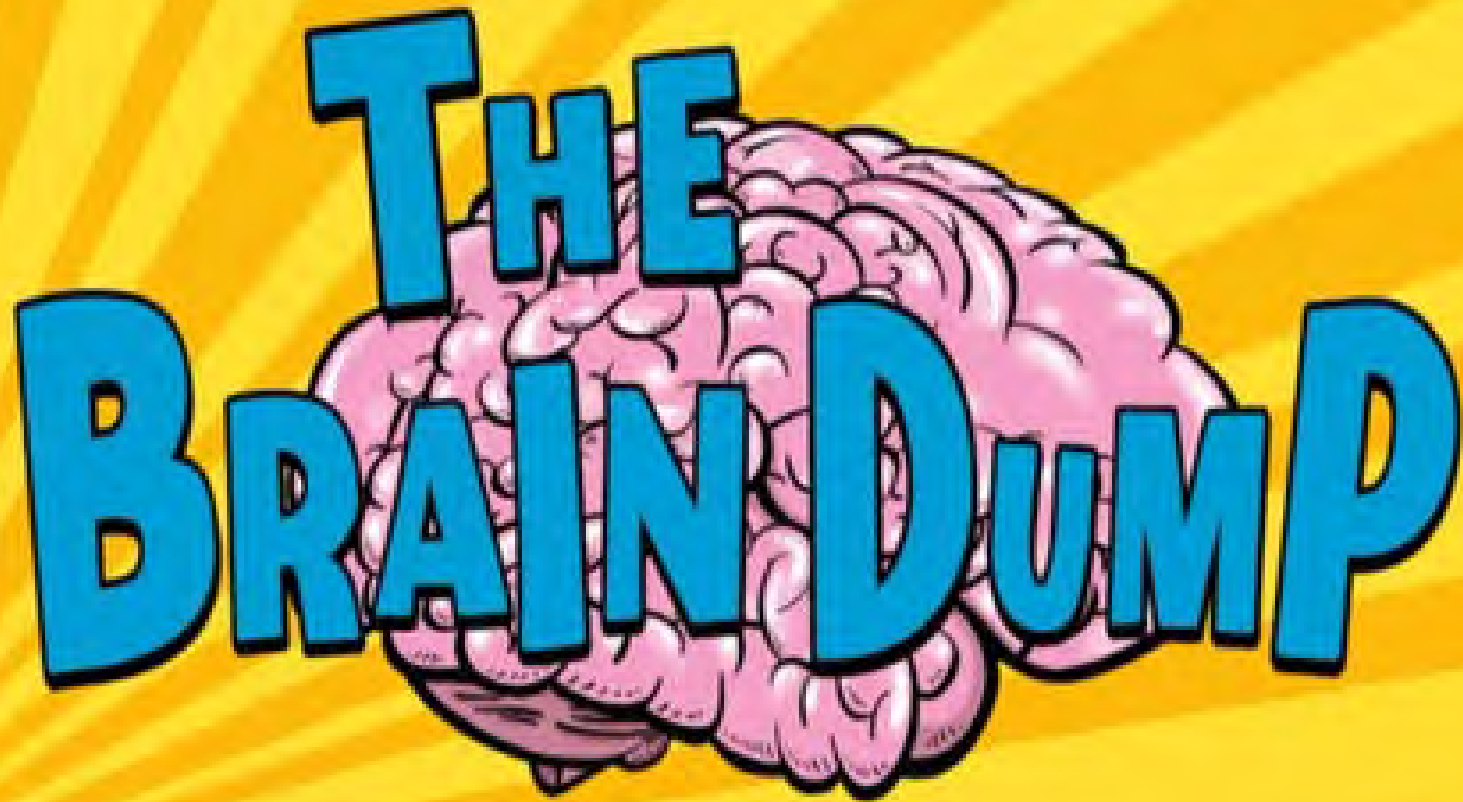
Our top three tips for you and your child when using Sparx Maths...

1. Encourage them to tackle it on their own
2. Nudge them to use the support videos
3. Suggest that they start early to give plenty of time for help if they need it.



Additional tips





THE BRAINDUMP

Brain dump

On the blank page, write down everything you can remember so far



Revision



Revision

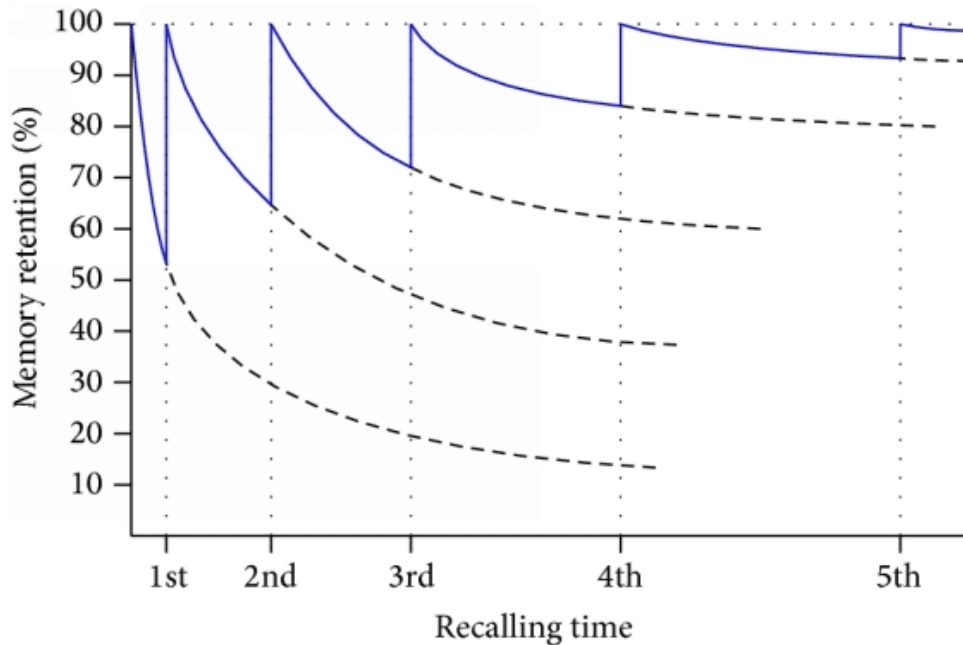
Re-reading
notes alone is
not enough

Highlighting
everything is
ineffective

Long cramming
sessions
increase stress

Short, regular
revision works
best

Ebbinghaus' Forgetting Curve



Unless we revisit things and re-learn them regularly, we will forget them.

Retrieval practice



Retrieval practice is a learning strategy where we focus on getting information out.



Through the act of retrieval, or calling information to mind, our memory for that information is strengthened and forgetting is less likely to occur.



Retrieval practice is a powerful tool for improving learning

Effective Revision Techniques

Retrieval practice: self-testing from memory

Flashcards and quizzes

Mind maps and summaries

Practice questions and spaced repetition

Best Practices for Success



Combine with Spaced Repetition: Instead of cramming all your retrieval practice into one sitting, space it out over days and weeks to significantly increase retention.



Interleave Your Subjects: Mix different topics or subjects in a single study session rather than focusing on just one topic at a time. This forces your brain to constantly locate and retrieve different types of information.



Check Your Answers: Always verify what you retrieved against your original study materials so you don't accidentally reinforce incorrect information.

Questions & Discussion

What challenges are you seeing at home?

What strategies have worked well?

How can school and parents work together?



Thank You

Working together to support confident, independent learners.